

Sunday

11:00-12:00PM **Serenity Group**
1 hr
 BT, JFT
 O, 11th ST
 Hamilton Medical Plaza
 1941 Hamilton St.
 Allentown, PA
 (Entrance on Right)

12:00PM **Sunday Steps & Traditions**
 O,ST,TD
 ☯
 Nurses College
 1637 Chew St
 Allentown, PA

6:00PM **Courage to Change**
 C
 ST,TR,SP
 Cedar Church
 3419 Broadway
 Allentown, PA

7:00PM **C.A.R.E.N.A.**
 O,ST,TR
 SP,BT,LC,
 IP
 1213 Chew St.
 Allentown, PA
 (park & enter in rear)

7PM-8PM **Sunday Night Macungie Step Writing**
 C,ST,
 HC,WR
 Grace Lutheran Church
 28 West Main St
 Macungie, PA

Monday

12:00PM **Midday Miracles**
 O, BL,ST
 IW, BE
 ☯,
 St. Johns UCC
 36 South 6th St
 Allentown, PA

7:00PM **The Journey Continues**
 O,BT,JFT
 Presbyterian Church
 210 Pine St
 Catasauqua, PA

7:00PM **No Fear Group**
 O, ST, TR
 SP, JT
 Christ Fellowship Church
 1213 Chew St
 Allentown, PA

7:00PM **Serenity Monday Nights**
1hr.15 mtg.
 ST/TR/SP
 JFT,IP/SP
 LC,CC
 St. Peter's Evangelical Church
 1933 Hanover Ave
 Allentown, PA

7:30 PM **One Promise Many Miracles**
 O/ST/SP
 TD/CC/BT
 BEG
 Ebenezer United Methodist Church
 119 S. 3rd Street
 Lehighton, PA

6:30-8:00 PM **Growth Through Change**
 O,ST,TR
 CC,LC,
 JT
 St John's UCC
 36 South 6th St
 Allentown, PA

7:30PM **Surrender Or Die**
1hr mtg.
 O
 Calvary Baptist Church
 4601 W. Tilghman St.
 Allentown, PA

7:00 PM **Monday Night Step Writing**
 O, WR
 Saint Matthew's Church
 35 N 5th And Ridge St
 Emmaus, Pa

Tuesday

12:00PM **Midday Miracles**
 O, BE, ST
 BL, BT
 ☯,
 St John's UCC
 36 South 6th St
 Allentown, PA

6:00PM **Faith First**
1 hr15. mtg.
 SP, SP, IP,
 ST,CC
 Emmaus Moravian Church
 146 Main Street
 Emmaus , PA

6PM-7:30PM **Steps 2 Recovery**
 ST,IP,TR,SK
 O
 Nurses College
 1662 Chew St
 Allentown, PA

6:30-8PM **Living the Solution**
 O
 ST,TR,SP
 Change on Hamilton
 927 Hamilton St
 Allentown, Pa
 Zoom 902755881
 PWD 567344

7:30PM **12 to Life**
 O,
 JFT, SP,
 BT, IP
 Allentown 7th Day Adventist Church
 2140 W. Tilghman St.
 Allentown, Pa

7:00PM **One Disease One Program**
 C, CW
 ST,SP,
 SP,LC
 Zion Lutheran Church
 1904 Main St.
 Northampton, PA

Wednesday

12:00PM **Midday Miracles**
 O, CC,
 BE, BL,SP
 ☯, BT
 St Johns UCC
 36 South 6th St
 Allentown, Pa

6:15-7:30 PM **Spirit of Recovery**
 O
 Change on Hamilton
 927 Hamilton St
 Allentown Pa

7:00PM **Against The Odds**
 O, BT
 CW
 Salam United Church
 615 3rd St
 Catasauqua, Pa

7:00PM **Time to Change**
 O,ST
 Nurses College
 1637 Chew St.
 Allentown, Pa
 Zoom 84557627930
 PWD 18102

7:00PM **One Disease One Program**
 ST
(Outside Meeting)
 1401 Laubach Ave
 Northampton, PA 18067
 Pavilion A (May 15- Sept. 25)

Thursday

12:00PM **Midday Miracles**
 O, BL, BT
 BE, JFT
 St Johns UCC
 36 South 6thSt
 Allentown, PA

6:00PM **A Fresh Start**
 O,CW,JFT
 Change on Hamilton
 927 Hamilton St
 Allentown Pa

7:00PM **Conscious Contact**
 O,ST/TR
 BT, LC,
 JFT, SP
 Horizon Church
 2613 W. South St.
 Allentown, Pa

7:00PM **Restore to Sanity**
 ST,TR,SP
 CH,BT,IP
 JFT,CC
 Living Hope Lighthouse
 705 3rd St
 Palmerton, PA

7:00-8:30PM **Vision of Hope**
 O, ST, JFT
 TR, LC
 SP, CC
 First Presbyterian Church
 3005 S. Front St.
 Whitehall, PA

7:30PM **W.A.C.P.A.C.**
 O
 ST/SP, IP
 SPAD, LC, ☯
 Faith Presbyterian
 3002 North 2nd St
 Emmaus, PA

6:00-7:30PM **A Spiritual Journey**
 O, CW
 WC, WM
 St. John's United Church of Christ
 36 S. 6th Street
 Allentown, PA

6:30-7:45 PM **Higher Power**
 1hr. O,ST
 TR,SP,TD,
 CC, &LC-☯
 Grace UCC Church
 623 Cleveland St.
 Allentown, PA

Friday

12:00PM **Midday Miracles**
 O, BL, TR
 JT SP BE
 ☯ IW
 St Johns UCC
 36 South 6th St
 Allentown, PA

7:00PM **Principles Before Personalities**
 C,ST/SP
 JT/SP, CT
 Change on Hamilton
 927 Hamilton St
 Allentown, PA

7:30PM **West Side Friday**
 (1hr meeting)
 O,VAR
 Evangel Fellowship
 527 N Saint Lucas St
 Allentown, Pa

6:00-7:15 PM **Keeping It Simple**
 ST/TR, BT,
 JFT, IP, O
 School Of Nursing
 1637 Chew Street,
 Allentown, Pa

6:00-7PM **Spiritual Principle A Day**
 6th & North St, 36 w 6th St,
 Jim Thorpe, Pa

7:30-8:30 **One Promise Many Miracles**
O/ST
 Zion UCC
 225 Iron St.
 Lehighton, Pa 18235

Saturday

10:30AM **Courage to Change**
 O
 BE, ST
 Cedar Church
 3419 Broadway
 Allentown, PA

7:00PM **Prime Time Saturday Night**
 O,ST TD
 WC, SP
 Change On Hamilton
 927 Hamilton St
 Allentown, Pa

7:00PM **No Opinions**
 O, ST,SP
 LC, WC
 Nurses College
 1662 Chew St
 Allentown, PA

The Twelve Steps of Narcotics Anonymous

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all of our affairs.

Meeting Key:

- O=Open meeting, all are welcome
 C=Closed meeting, addicts only please
 CT=California Tag CL=Candlelight
 ST=Step BT=Basic Text
 TR=Tradition IP=Info Pamphlet
 SP=Speaker JT=Just for Today
 IW=It Works How & Why LC= Living Clean
 PS=Personal Stories MT=Meditation
 SG=Step Working Guide WR=Writing
 AK=Ask it basket TT=Tag Topic
 TD=Topic Discussion BE=Beginner's

 ♿ =Handicap access BL=Bi-Lingual
 CC=Chair's Choice LD=Lit Discussion
 FB=Flat book CH=chapter
 WM= Women Meeting SP=Spiritual Principle

WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

N.A. is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

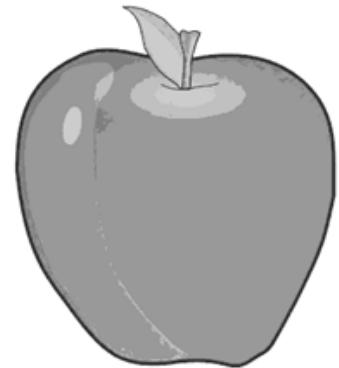
There are no strings attached to N.A. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about our problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Phone Numbers

Call us before you use!

Meeting List



*For more accurate and up to date info please scan
 Or code.*

***Little Apple Area
 Of
 Narcotics Anonymous***

24-hour Helpline
 (610) 439-1998
 L.A.A.N.A.
 P.O. Box 4475
 Allentown, PA 18101
littleapplena.com
www.NA.org